

Academic Citizenship: Rules in the Classroom & Laboratory

Effective Spring Semester 2014

Section V. Student Health, Safety and Hygiene Issues

Health problems: Dr. Carman needs to know if you have a chronic health problem so that your time in lab will be safe and productive. This also includes pregnancy because of the chemicals used in these labs; especially in the cadaver lab.

Students at WNC MUST be self-insured for health insurance. Students are NOT covered by any sort of "umbrella" insurance in the event of an injury by any entity at WNC. It is the student's responsibility to purchase health insurance on their own via their parents if they qualify or through the Business Office at WNC. Should you get injured in the lab and emergency assistance is needed by way of an ambulance, the student and/or his/her insurance provider is responsible for the costs thereof, not WNC.

The use of alcoholic beverages and recreational drugs in class is strictly forbidden! Additionally, the use of such agents puts every student and Dr. Carman in danger in the lab. You will be dropped immediately from your current class and be permanently barred from taking classes from Dr. Carman if you come to class/lab inebriated or under the influence of drugs. Dr. Carman has zero tolerance for alcohol and other drug abuse!

In response to past student complaints, each student is asked to come to class wearing clean clothes and having taken a shower. Your cooperation is appreciated.

If you are female and pregnant or contemplating pregnancy during the time you are enrolled in any of Dr. Carman's A&P classes, you will need to speak to your health care practitioner and have him or her provide a written statement on his/her letterhead or Rx sheet to Dr. Carman from him or her indicating whether or not you may be exposed to formaldehyde (i.e., that you may dissect cadavers) in the cadaver lab.

There are those practitioners who feel it's harmless and those practitioners who feel that it's harmful to the developing fetus.

Advise your healthcare provider that the forms will be verified by your professor with the provider, not the front office person or a medical assistant, and this verification may be in the written form. Lack of verification nullifies the written statement.

Male facial hair is a unique issue. In the healthcare industry, the standard is "neatly trimmed". All males with facial hair will make certain their facial hair fits this criteria. If there is any confusion about an appropriate length of facial hair, look to your professor (or current lab instructor, if

45 appropriate) for guidance in that area. Men with hair of long length will put it up in a ponytail, or
46 the like, as would be expected of a female student with hair of that same length.

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48 Neatly trimmed beards present no issue. A long “Fu Manchu” type beard represents a safety issue
49 in the lab and either requires trimming or some manner of being braided/rolled out of the way.
50 Resistance results in leaving the lab with a “0” for the day ... every time.

51 Students enrolled in Dr. Carman's Biology and Chemistry lab courses will wear their own safety
52 goggles and buttoned lab coat at all times in the lab (these are carefully identified on the Grad
53 Scale and Assignments web page on Dr. Carman’s website. Failure to wear your goggles and lab
54 coat will result in your being asked to leave the lab and receive a "0" for that day. No exceptions.
55 Goggles and lab coat are to be purchased at the WNC bookstore. No exceptions for style of lab
56 coat or goggles without a physician’s statement clearly describing in detail the condition/diagnosis,
57 ICD-9 code and current medications the person is taking for which the exception is desired.

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59 To care for your goggles, wipe them off with a soft cloth or tissue, then place them in a zip lock
60 bag and restore them to their box for transport -- this prevents scratching and will prolong the life
61 of your goggles.

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63 To care for your lab coat, carefully wipe off anything you may have spilled on it in lab, dry it off
64 as best as you can, fold it and place it in a zip-lock bag for transport between car and building.
65 BOTH items must be worn properly for admittance into the lab AFTER the first lab session. This
66 is non-negotiable. For more info, refer to Dr. Carman's FAQ page.

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68 Pants, trousers, jeans, whatever you call them, are to be worn properly in the lab -- not down around
69 your knees.

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71 There is to be no sitting or leaning or stacking on the Flammable Cabinets or on the lab bench tops
72 in the lab. This just makes sense. In labs where sitting is necessary, Dr. Carman will provide
73 appropriate surfaces as necessary.

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